



DARE to Be SILLY

Cut these wacky suggestions apart. Fold them and put them in a bowl, cup or whatever. Everyone draws a slip of paper and if they choose, they can try to do whatever silly thing it suggests. Do it one at a time or everyone at once. Trade papers and try another!

Stand on one leg like a flamingo and see if you can bend over and touch the ground.

Waddle like a penguin and oink like a pig.

Jump up and down, clap your hands and bark like a seal.

Stomp like an elephant, and squeak like a mouse

Stand on one leg and MOOOOOOOOOO as long as you can.

Act like a robot ballerina

Jump in the air and spin around and crow, COCK-A-DOODLE-DOO!

Jump up and down and wave your arms and say YEEHAW!

Reach for the sky, swing your hips and quack like a duck.

Stand on one leg, flap your arms and meow.

Stand on one leg, flap your arms and oink like a pig.

Stand up straight, raise your hands high above your head and jump up and down.

Scratch your head and your tummy and make a sound like a monkey.

Pretend you are an ice skating sloth. (very sloooooow)

Tip toe in a circle, then jump in the air and say, WOOHOO!

Walk like a monster and tweet like a bird.

Do your funniest dance move and cluck like a chicken.

Hop like a bunny and growl like a bear.

Stand with your legs apart, and rock back and forth from one to the other and say, BONG, BONG BONG like a clock.

Make big circles with your arms while standing on one leg. Now try the other leg.

Being silly and laughing with friends can be fun! Just ask Peg!