

SPRING 2020

beaming 🔆 books

Beaming Books publishes highquality children's books that help kids thrive emotionally, socially, and spiritually.

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A PSALM 23 POP. UP BOOK

1517 Media

Beaming Books is an imprint of 1517 Media.

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Fortress Press, 1517 Media's adult trade imprint, publishes compelling adult nonfiction that nourishes souls, ignites minds, and promotes the common good. Our imprints for Christian communities, **Augsburg Fortress** and **Sparkhouse**, publish resources to support faith formation and congregational life.

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For more information, visit 1517.media

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A Grief Journal for hildren and Families



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I Love Me!

By LaRonda Gardner Middlemiss • Illustrated by Beth Hughes

In *I Love Me!*, a group of children celebrate their bodies, with the repeated chorus "I love me!" Featuring a diversity of races and ethnicities, physical features, body types, abilities and disabilities, this affirming picture book teaches all kids they have many, many reasons to love themselves. 66 I love me from the tip of my nose All the way down to my ticklish toes."





LaRonda Gardner Middlemiss is a picture book author who formerly worked as an engineer in corporate America. LaRonda writes books to entertain, enlighten, and empower children across the globe. She resides in Kernersville, North Carolina.



Beth Hughes is an artist who loves animals, nature, and bright colors. She enjoys playing around with colors and shapes and, most of all, telling great stories. She has done character design, visual development, and illustration work and is now working as a freelance illustrator.

I Love Me!

Publication 04/21/2020 978-1-5064-5554-9 Hardcover 8 x 8 32 pages Ages 3 to 5 **\$17.99**

JUV009120 JUVENILE FICTION / Concepts / Body

JUV039140 JUVENILE FICTION / Social Themes / Self-Esteem & Self-Reliance JUV039220 JUVENILE FICTION / Social Themes / Values & Virtues

Marketing and Selling Points

Connects with national trend focused on body positivity Niche media push to outlets serving schools, libraries, parents, counselors National print and online publicity

Targeted digital and social media campaign Awards submissions

Niche push to special interest groups represented in book Co-op available

Illustrator Author Illustrator (*) @iamlgmiss (*) @beffalumps (*) @iamlgmiss (*) @beffalumps (*) LGMissAuthor (*) @beffalumps (*) iscribeisketch.com (*) bethughes.com/ illustration



Sling! Hurl! Fling! Polly defends! Blast! Boom! Bash! The battle rages."



After the Rain

By Rebecca Koehn • Illustrated by Simone Krüger

Drip, Drop, Plink. The rain stops, and Levi runs outside to play in a stream of rain water. But Polly puts an end to his fun when she doesn't want to share. It's a puddle fight! Until they see that the water is disappearing fast. Truce! They find a way to save the water and discover that it is more fun to play together. After the Rain puts a new twist on the rainy-day picture book about sharing and learning to work together.



Rebecca Koehn is a teacher and children's book author who lives on the windy Kansas prairie. She enjoys playing in puddles after a rain, walking her Husky, Hazel, and playing board games with her husband and sons.



Simone Krüger is a German-based children's book illustrator. She loves being out and about in the countryside, discovering nature and new creatures to draw.

After the Rain

Publication 03/03/2020 978-1-5064-5451-1 Hardcover 8.5 x 10 32 pages Ages 5 to 8 **\$17.99**

JUV039060 JUVENILE FICTION / Social Themes / Friendship JUV039220 JUVENILE FICTION / Social Themes / Values & Virtues JUV051000 JUVENILE FICTION / Imagination & Play

Marketing and Selling Points

National print and online publicity Trade advertising Special promotions to library market Targeted digital and social media campaign Co-op available

Connect Illustrator Author Illustrator Image: Im



Superheroes Don't Babysit

By Amber Hendricks • Illustrated by Kyle Reed

Superheroes leap buildings, chase bad guys, and save the city from the evil Emperor Zog. Superheroes DON'T babysit. Except when their dad asks them to. In an epic battle of sibling rivalry, will this superhero finally meet her match? Or will she find exactly what she's been missing all along?

In Superheroes Don't Babysit, author Amber Hendricks tells a story full of humor and heart, and illustrator Kyle Reed's superpowered illustrations pack a punch with their bold colors and sharp lines. This book is fun to look at and to read with siblings who consider themselves rivals or friends, or maybe something in between.

66 Maybe little brothers aren't so bad after all."





Amber Hendricks grew up reading everything she could get her hands on including the morning cereal boxes. In addition to Superheroes Don't Babysit, Amber is the author of Sophie and Little Star and two yet-to-be announced picture books. She lives in Missouri with her husband and two children.



Kyle Reed is an illustrator whose work has appeared in children's books, magazines, animation, and advertising. He lives in Ontario, Canada.

Superheroes Don't Babysit

Publication 06/02/2020 978-1-5064-5876-2 Hardcover 8.5 x 10 32 pages Ages 5 to 8 **\$17.99**

JUV013070 JUVENILE FICTION / Family / Siblings JUV019000 JUVENILE FICTION / Humorous Stories JUV071000 JUVENILE FICTION /Superheroes

Marketing and Selling Points

Connects to popular national superhero trend Author appearances Awards submissions Special promotions to library market National and online publicity Targeted digital and social media campaign National trade advertising Co-op available

Connect Illustrator Author Illustrator Image: Im



Someday We Will: A Book for Grandparents and Grandchildren

By Pam Webb • Illustrated by Wendy Leach

For grandparents and grandchildren separated by miles, the wait until the next delightful visit can seem endless. In *Someday We Will*, kids and grandparents mark the time by dreaming of all the wonderful things they'll do together someday, from bicycling down a hill to whiling away the hours on a beach. Before they know it, someday is here! With lyrical text by Pam Webb and the winsome illustration style of Wendy Leach, *Someday We Will* is the perfect gift for grandparents and grandchildren who look at the calendar with impatience and longing for the next fun-filled time with their loved ones.

- 66 Someday we'll hike our bikes up, up the hill
 - and then coast all the way down,

laughing into the wind."





Pam Webb cultivated a love for stories in childhood trips to the library and began to dream of becoming a writer after encouragement from her fifth-grade teacher. She has been a contributor to *Marvin Composes a Tea* and *Farmer Featherwit and the Rolling Pins.*



Wendy Leach currently lives in Overland Park, Kansas, a suburb of Kansas City. Her favorite subjects to draw include cute kids and their pets, city landscapes, and lush garden spaces.

Someday We Will: A Book for Grandparents and Grandchildren

Publication 04/07/2020 978-1-5064-5400-9 Hardcover 10 x 10 32 pages Ages 3 to 8 **\$17.99**

JUV013030 JUVENILE FICTION / Family / Multigenerational JUV039050 JUVENILE FICTION / Social Themes / Emotions & Feelings JUV068000 JUVENILE FICTION / Travel

Marketing and Selling Points

Niche publicity push to outlets serving grandparents Targeted digital and social media campaign National print and online publicity A gift book for both grandparents and grandchildren Co-op available

Also Available



Maybe I Can Love My Neighbor Too \$16.99 978-1-5064-5201-2



A Doll for Grandma: A Story about Alzheimer's Disease

By Paulette Bochnig Sharkey • Illustrated by Samantha Woo

Kiera loves spending time with her grandma. They play dress up. They make cookies for tea parties with Kiera's doll. But then Grandma starts to change. She starts misplacing items and forgetting how to do everyday tasks. Soon, she has to move out of her home into a memory-care center for people with Alzheimer's. She starts calling Kiera by a different name. Then Kiera has an idea and finds a new way to enjoy time with her Grandma.

A Doll for Grandma poignantly and sensitively tells the story of a girl's empathy and kindness in the face of her grandmother's growing dementia. Perfect for children grappling with their changing relationship with a family member who has dementia or Alzheimer's disease.

A parent guide in the back includes helpful suggestions for how to talk about the difficult topic of Alzheimer's disease with children.

⁶⁶ When Kiera visted Grandma at the memory-care home, Grandma was different."





Paulette Bochnig Sharkey is the author of dozens of articles and puzzles for children's magazines. *A Doll for Grandma* is her first picture book. Paulette lives in East Lansing, Michigan, with her husband and their big grey cat, and travels to visit her daughter and grandson as often as possible.





A Doll for Grandma: A Story about Alzheimer's Disease

Publication 05/05/2020 978-1-5064-5738-3 Hardcover 9 x 9 32 pages Ages 5 to 8 **\$17.99**

JUV013030 JUVENILE FICTION / Family / Multigenerational JUV039240 JUVENILE FICTION / Social Themes / Depression & Mental Illness JUV015020 JUVENILE FICTION / Health & Daily Living / Diseases, Illnesses & Injuries

Marketing and Selling Points

Niche outreach to elder-care outlets National print and online publicity Targeted digital and social media campaign Special promotions to library market Co-op available

Connect







Illustrator



@beffalumps

samanthawoo. myportfolio.com

PICTURE BOOKS



Where the Best Stories Hide

By Roman Yasiejko • Illustrated by Ben Whitehouse

Nicholas has a big box of crayons and an even bigger imagination! One day in school, he doodles his way into trouble when his teacher catches him scribbling and coloring outside the lines of his coloring book. Challenged to explain his stories, Nicholas takes a dash of creativity and a dab of courage to wow the whole class and prove that the best stories sometimes hide outside the lines. Perfect for irrepressible creatives of all ages, *Where the Best Stories Hide* will inspire young artists of every stripe to bravely fill the world with color. 66 But that little boy sure had something to say with scribbles and squiggles and crayons that day."





Roman Yasiejko went from doodling as a child to drawing and designing buildings as an adult. He's an architect who lives in upstate New York with his wife, Rosemarie (and their stealthy cat, Misty). They have two adult sons and two young grandchildren to whom he loves reading stories.



Ben Whitehouse lives in Chepstow, Wales, with his lovely girlfriend, Yvonne, and their crazy border collie named Sparrow. He worked in the animation industry as a character designer, animator, and stop-motion puppet maker before finding his happy feet within the world of illustration.

Where the Best Stories Hide

Publication 02/25/2020 978-1-5064-5401-6 Hardcover 8.5 x 10 32 pages Ages 5 to 8 **\$17.99**

JUV051000 JUVENILE FICTION / Imagination & Play JUV035000 JUVENILE FICTION / School & Education JUV003000 JUVENILE FICTION / Art

Marketing and Selling Points

Connects to national trend focused on encouraging young artists National print and online publicity Targeted digital and social media campaign Special promotions to library audience Co-op available

Connect



@stopmotionben

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Little Mole Finds Hope

By Glenys Nellist • Illustrated by Sally Garland

When Little Mole is feeling sad in his dark, underground home, his mother shows him how to look for hope. He finds that signs of spring are everywhere, from the daffodil bulbs under the soil to the tiny buds on the branches above. Hope can be found—even in the darkest places.

In *Little Mole Finds Hope*, best-selling children's author Glenys Nellist and illustrator Sally Garland tell an endearing story sure to lift the spirits of people emerging from the cold of winter or a challenging season of life and inspire them to look for signs that spring will come again. 66 Sometimes hope is hiding in the darkness. Sometimes it's hard to see. But it's always there."





Glenys Nellist is the author of multiple children's books, including the bestselling '*Twas the Evening of Christmas* and the popular series Love Letters from God and Snuggle Time. Her writing reflects a deep passion for helping children discover joy in the world. Glenys lives in Michigan with her husband, David.



Sally Garland was brought up in a small town in the Highlands of Scotland called Alness and studied illustration at Edinburgh College of Art before moving to Glasgow, where she now lives and works with her partner and young son.

Little Mole Finds Hope

Publication 02/04/2020 978-1-5064-4874-9 Hardcover 9 x 9 32 pages Ages 5 to 8 **\$17.99**

JUV039050 JUVENILE FICTION / Social Themes / Emotions & Feelings JUV039220 JUVENILE FICTION / Social Themes / Values & Virtues JUV017020 JUVENILE FICTION / Holidays & Celebrations / Easter & Lent

Marketing and Selling Points

Appearances by best-selling author of multiple children's books National print and online publicity Special promotions to library market Targeted digital and social media campaign Co-op available

Connect



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Illustrator

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- @sally_garland_illustration

cargocollective.com/ sallygarlandillustration



The Big Book of Superpowers

By Susanna Isern • Illustrated by Rocio Bonilla

Superheroes have superpowers, abilities like strength or invisibility or flight. But did you know that ordinary kids have superpowers too? From dancing to reading to persistence and optimism, all of us have a superpower that makes us special and unique, a special ability that enables us to make a difference in the world. With eighteen stories of kids with everyday superpowers, *The Big Book of Superpowers* will inspire kids to look inside and find what makes them extraordinary!

66 What's YOUR superpower?"

*What's that's Manual music No, that's Manual music When Harina plays the vision, its notes wart through the visions. They seem like singlerich fluttering through the air, spreading the air vision fluttering through the air, spreading the air vision fluttering participation of the second second second second participation of the second second second second participation of the second second second participation of the second second





Susanna Isern has published over sixty books worldwide, translated into over a dozen languages. She has been awarded the Silver Medal in the Moonbeam Children's Book Awards, and her *Bogo the Fox Who Wanted Everything* is a Junior Library Guild Selection. She works as a child psychologist and writer.



Rocio Bonilla holds a BFA and worked in advertising for many years before founding her own company, Once Upon a Time, which creates murals for children's rooms. She is the author and illustrator of *What Color Is a Kiss?* and *Little Bro, Big Sis,* and the writer of *Max and the Superheroes.*

The Big Book of Superpowers

Publication 03/24/2020 978-1-5064-6319-3 Hardcover 9.5 x 12 40 pages Ages 5 to 8 **\$18.99**

JUV039220 JUVENILE FICTION / Social Themes / Values & Virtues JUV071000 JUVENILE FICTION / Superheroes JUV039140 JUVENILE FICTION / Social Themes / Self-Esteem & Self-Reliance

Marketing and Selling Points

- Includes prompts at end of book that encourage kids to identify and celebrate their own superpowers
- Award-winning author of over sixty books worldwide
- National print and online publicity
- Targeted digital and social media campaign
- National trade advertising Co-op available

Connect



@rocio_bonilla_illustration

🗊 rociobonilla.com



Revised version of a beloved classic



⁶⁶ No one else has your grin.No one else has your chin."



You Are So Wonderful

By Jacqueline J. Lewis • Illustrated by Jeremy Tugeau

In this timeless picture book set in New York City, Rev. Dr. Jacqueline J. Lewis reminds all children that they are wonderfully made. Featuring illustrations by Jeremy Tugeau of children of many races and abilities, this book emphasizes that each person is special and deeply loved by God.

"[You Are So Wonderful] celebrates the uniqueness of people....Brightly colored, full-page illustrations depict an urban environment with a diverse cast of characters of various ages, sizes, races, and abilities." —School Library Journal



Jacqueline J. Lewis is senior minister at Middle Collegiate Church, a thousandmember multiracial, welcoming, and inclusive congregation in New York City. She is an activist, preacher, and fierce advocate for racial equality, economic justice, and LGBTQ equality, she is also author of *The Power of Stories:* 10 Essential Strategies to Grow a Multiracial, Multicultural Congregation.



Jeremy Tugeau is a long-time children's illustrator, an artist, and a public school teacher. He also works with his wife, Nancy Tugeau, in the Tugeau 2, Inc. illustration agency.

You Are So Wonderful

Publication 03/10/2020 978-1-5064-6376-6 Hardcover 9 x 9 32 pages Ages 4 to 7 **\$16.99**

JUV033240 JUVENILE FICTION / Religious / Christian / Values & Virtues JUV039050 JUVENILE FICTION / Social Themes / Emotions & Feelings JUV033280 JUVENILE FICTION / Religious / Christian / Inspirational

Marketing and Selling Points

Meets current need for diverse books Email marketing to extensive church lists National Christian print and online publicity Author appearances Advertising in national Christian

Advertising in national Christiar publications Co-op available

Connect

Author

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PICTURE BOOKS



This Is the Church

By Sarah Raymond Cunningham • Illustrated by Ariel Landy

Here is the church, here is the steeple . . .

This update to the classic children's rhyme is an introduction to church for a new era, a whirlwind tour through all the wonderful things church can be and do and mean. From megachurches to little chapels to underground meetings, from welcoming to helping to feeding the hungry, church can be and do a lot of things. But ultimately that old rhyme said it best: the church is the people! *This Is the Church* is an ideal gift for baptisms, confirmations, or any occasion in which children are welcomed into the life of the body of Christ. A guide in the back provides updated hand motions to memorize with children.

⁶⁶ The church moves in buses, planes, and cars.

To share God's love, the church has gone far."





Sarah Raymond Cunningham is the author of Portable Faith, The Well Balanced World Changer, May God Bless You and Keep You, and the creator of the children's Christmas book The Donkey in the Living Room. She researches and writes about the role community plays in healing and serving our world at sarahcunningham.org.



Ariel Landy lives in New York City and aims to create illustrations that are imaginative, whimsical, and original characters and scenes that would make a child put down an iPad and pick up a book.

This Is the Church

Publication 01/28/2020 978-1-5064-4532-8 Hardcover 9 x 9 32 pages Ages 3 to 8 **\$17.99**

JNF049310 JUVENILE NONFICTION / Religious / Christian / Values & Virtues JNF049130 JUVENILE NONFICTION / Religious / Christian / General JNF049240 JUVENILE NONFICTION / Religious / Christian / Holidays & Celebrations

Marketing and Selling Points

Advertising in national Christian publications

Digital and social media campaign targeting pastors and Christian education directors

National Christian print and online publicity

Email marketing to extensive church lists

Co-op available

Connect



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- sarahcunningham.org

Illustrator

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- @ariellandyart
- ariellandyart
- ariellandyart.com

Also Available



May God Bless You and Keep You \$16.99 978-1-5064-4531-1



The Lord Is My Shepherd: A Psalm 23 Pop-Up Book

By Agostino Traini

Readers will feel the comfort and assurance of God's love and protection as they experience this delightful interpretation of Psalm 23 with their children. Scenes of a shepherd protecting and caring for his sheep will have children thinking about the ways that God loves and cares for them. Italian artist and paper designer Agostino Traini's artful pop-ups bring this timeless text to life in a whole new way for all readers—whether they are reading the beloved psalm for the first time or the thousandth.



Agostino Traini was born in Rome in 1961. He creates illustrated books for children, activity books, delightful crafts, and paper objects, and designs and builds colorful furniture and wooden objects from his home in Italy.

66 Surely goodness and mercy will follow me all the days of my life."

Other books designed by Agostino Traini:



978-1-5064-1769-1 | \$19.99



978-1-5064-2192-6 | \$19.99



978-1-5064-3340-0 | \$19.99

The Lord Is My Shepherd: A Psalm 23 Pop-Up Book

Publication 03/17/2020 978-1-5064-5239-5 Hardcover 7.8 x 10.1 14 pages Ages 3 to 10 **\$19.99**

JNF049120 JUVENILE NONFICTION / Religious / Christian / Devotional & Prayer JNF049250 JUVENILE NONFICTION / Religious / Christian / Inspirational JNF049040 JUVENILE NONFICTION / Religion / Bible Stories / General

Marketing and Selling Points

Intricate pop-ups designed by world-renowned paper engineer Email and print promotion targeting churches Trade and Christian publication advertising National Christian print and online publicity Co-op is available

Connect

Illustrator

🕥 @agostino_traini

Also Available



The Birth of Jesus Advent Calendar and Nativity Scene \$34.99 978-1-5064-4859-6



The Memory Book: A Grief Journal for Children and Families

Joanna Rowland • Illustrated by Thea Baker

Joanna Rowland's best-selling *The Memory Box: A Book about Grief* has helped thousands of children and families work through the complex emotions that arise after the loss of a loved one. Now, with *The Memory Book*, Rowland has created a beautiful grief journal to help readers put her methods into practice.

The Memory Book helps grieving families process their emotions together by remembering their lost loved one and creating their own memory album full of photos and keepsakes of the person they lost. With gentle prompts and ideas for journaling, drawing, and talking through grief, this journal will bring comfort in the midst of loss and be a keepsake for families for years to come. From the author and ill Memory Box comes an i to help children and th their loved one and pro

I go to places that help me think of you. I look around and remember.

What places have you visited since your loved out has been gone? What places hely you remander three?





The Memory Book: A Grief Journal for Children and Families

Publication 01/14/2020 978-1-5064-5781-9 Hardcover 9 x 9 48 pages Ages 4 to 8 **\$17.99**

JNF053030 JUVENILE NONFICTION / Social Topics / Death, Grief, Bereavement JNF029060 JUVENILE NONFICTION / Language Arts / Journal Writing JNF070000 JUVENILE NONFICTION / Inspirational & Personal Growth

Marketing and Selling Points

Companion title to award-winning children's picture book

Targeted campaign to grief counselors, social workers, and mental-health professionals

National print and online publicity

Digital and social media campaign

National trade publication advertising Co-op available

Connect

Author

Illustrator

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@writerrowland
 writerrowland.com

@theabaker

@theabaker illustration



lustrator of *The* Interactive journal eir families honor ocess their loss.



978-1-5064-2672-3 • Hardcover 10 x 10 32 pages • Ages 3 to 8 • **\$17.99**

A Journal for Healing and Hope

- Helps children and their families process their emotions together
- Thoughtful questions and exercises engage children in healing
- Includes space for photos to honor the memory of a loved one
- Prompts for drawing and art encourage self-expression
- Completed journal becomes a family keepsake

Praise for The Memory Box

66 Baker's mixed-media collages integrate bits of fabric and softly textured papers, creating a homey atmosphere that dovetails nicely with the girl's homemade box."

-Publishers Weekly

66 Heartfelt and comforting, The Memory Box is beautifully illustrated by Thea Baker and will help adults talk about this very difficult topic with children ages 4 to 8."

-Midwest Book Review, The Psychology Shelf



Joanna Rowland grew up in Sacramento, California, where she still lives today with her husband and three children. She teaches kindergarten by day and writes picture books at night. In the summer, you'll find her at the pool coaching synchronizing swimming or cozying up with a book. She is the author of *The Memory Box: A Book about Grief.*



Thea Baker grew up in a country town in England. She is currently living in Australia and working internationally as a children's illustrator. Thea obtained her BA (Hons) Degree in illustration at the prestigious Falmouth University. Her dissertation was on the subject of grief in children's books.



Prayers for Faithful Families: Everyday Prayers for Everyday Life

By Traci Smith

Prayers for Faithful Families equips busy parents with simple prayers, written in ordinary language, for a wide variety of occasions. From everyday moments like mealtime and bedtime to milestones such as the first day of school, the death of a pet, or welcoming a new baby, this unique prayer book is an invaluable resource for creating meaningful faith connections at home throughout the highs and lows of family life. Straightforward and flexible, *Prayers for Faithful Families* helps parents turn ordinary and extraordinary moments into opportunities to teach children that God is with them through all of life's joys and challenges. Tips for praying in creative ways and for creating sacred space at home are included.

⁶⁶ When I am afraid, I trust.I trust God, I trust my family,I trust myself."





Traci Smith is an ordained minister, mother of three, and author. Traci's passion is helping families find times for connection and spiritual nourishment amid the hustle and bustle of daily life. What began as a quest to help her own family has provided valuable insight for thousands of others. Traci believes faith practices should be fun, easy to fit into daily life, and accessible to all.

Prayers for Faithful Families: Everyday Prayers for Everyday Life

Publication 02/11/2020 978-1-5064-5224-1 Hardcover 5 x 7 140 pages **\$16.99**

REL052010 RELIGION / Prayerbooks / Christian REL012030 RELIGION / Christian Living / Family & Relationships REL012080 RELIGION / Christian Living / Prayer

Marketing and Selling Points

Meets a need for progressive Christian families Email marketing to extensive church lists National Christian print and online publicity Advertising in national Christian publications Influencer marketing

Co-op available

Connect



- @traci_m_smith
- @tracimariesmithauthor
- traci-smith.com

Also Available



Little Steps, Big Faith: How the Science of Early Childhood Development Can Help You Grow Your Child's Faith \$15.99 978-1-5064-4685-1



Yoga Baby

Amanda Flinn • Illustrated by Shane Crampton

Reaching, bending, rocking, and swaying—these are just a few of the moves a bouncy little baby tries when her mother practices yoga throughout the day. In the midst of a busy day, yoga turns out to be a surprising source of connection, fun, and giggles for mother and child. Surprising and silly, *Yoga Baby* proves that it's never too early for parents and children to explore together what their bodies can do—never too early, in short, for the lifegiving practice of yoga!

A guide in the back of the book provides tips and tricks for incorporating yoga practice into daily life with a young child.

Yoga mama, child's pose.Yoga baby, nose to nose."





Amanda Flinn is an award-winning author, a member of the SCBWI and the Heartland Writers Guild. She enjoys the slower pace of a small town life in Southeast Missouri, where she lives with her husband, three boys, and one furry chinchilla.



Shane Crampton was born in St. Andrews, Scotland. She spent her childhood years growing up there, as well as in Aberdeen and the Shetland Islands. She currently lives in Cornwall in South West England with her husband and four sons and their two ridiculous dogs.

Yoga Baby

Publication 05/19/2020 978-1-5064-5699-7 Board Book 8 x 8 24 pages Ages 0 to 3 **\$7.99**

JUV015010 JUVENILE FICTION / Health & Daily Living / Daily Activities JUV009120 JUVENILE FICTION / Concepts / Body JUV032200 JUVENILE FICTION / Sports & Recreation / Gymnastics

Marketing and Selling Points

- Appearances by award-winning children's author Niche push to yoga publications
- National print and online publicity
- Targeted digital and social media
- campaign
- Special promotions to library market Co-op available

Connect

Author





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All About Anxiety

Carrie Lewis • Illustrated by Sophia Touliatou

Anxiety. It's an emotion that rears its head almost every day, from the normal worries and concerns that most of us experience, to outright fear when something scary happens, to the anxiety disorders that many kids live with daily. But what causes anxiety? And what can we do about it? *All About Anxiety* tackles these questions from every possible angle. Readers will learn what's going on in their brain and central nervous system when they feel anxious. They'll learn about the evolutionary reasons for fear and anxiety and that anxiety isn't always a bad thing—except for when it is! Most importantly, kids will discover new strategies to manage their anxiety so they can live and thrive with anxiety.

⁶⁶ How is anxiety affecting you?"





Carrie Lewis has edited and written more than 100 books for children. She has contributed to a wide range of educational resources and recently became a tutor working in the area of family learning. She is married with two children and plays the cello.



Greek-born and Athens-based **Sophia Touliatou** has studied graphic design and works as an illustrator, doing mostly children books, many of which have gained merits and awards. You can find her work in Greece, France, Italy, Germany, Spain, the United States, and other countries around the world.

All About Anxiety

Publication 05/26/2020 978-1-5064-6320-9 Hardcover 5.5 x 7 88 pages Ages 8 to 12 **\$14.99**

JNF053050 JUVENILE NONFICTION / Social Topics / Emotions & Feelings JNF053000 JUVENILE NONFICTION / Social Topics / General JNF070000 JUVENILE NONFICTION / Inspirational & Personal Growth

Marketing and Selling Points

Connects to national trend focused on social emotional learning

Special promotions to library market Targeted campaign to mental-health professionals, social workers, and educators

Trade advertising

National print and online publicity

Targeted digital and social media campaign Co-op available

Connect

Illustrator



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18 877-373-0706 / BEAMINGBOOKS.COM



What's in Your Mind Today?

Louise Bladen • Illustrated by Angela Perrini

Children who struggle with negative thoughts may wonder how to make them go away. In this guided, illustrated meditation for kids, author Louise Bladen offers a simple mindfulness practice, not to banish bad thoughts, but to feel calm in the midst of thoughts that come and go. Children will learn how to breathe and center themselves in their bodies, find different ways to think about their positive and negative thoughts, and ultimately learn that they have the ability to feel calm and at peace no matter what kinds of thoughts happen to be in their mind at any particular moment.

66 What kind of thoughts are in your mind? Are they angry or are they kind?"





Louise Bladen teaches meditation and mindfulness to children and adults. She loves painting in watercolors, swimming, watching musicals, and walking her dogs.



Angela Perrini is an illustrator for children who lives and works in Italy. Her work has appeared in magazines, books, and art galleries.

What's in Your Mind Today?

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Marc Olson is a theologian and a former pastor. He earned a bachelor of fine arts from Pacific Lutheran University and a master of divinity from Luther Seminary. Marc lives in Saint Paul, Minnesota, with his son, Sigurd, and their basset hound, Bruce.



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